

SUCCESS STORIES



I've been coming to Dr. Johnson for several years. He's helped me with my heart problems and many others. I was having trouble sleeping — I fell asleep all the time.

Since starting the NAET program I am feeling better and I don't fall asleep as much. Everybody says that I look better too. I think I've improved a lot with NAET.

Cyril Lukomski, Romeo, MI



I can't believe the effectiveness of the NAET treatments. Two days ago Dr. Johnson cleared me for sugar. Today I came in for my recheck and I was fine.

THEN I had to stop at my favorite bakery to pick up a birthday cake I had ordered. Now please understand that I couldn't go near that place without buying a ton of goodies. However, today — well, today I passed it all up. I didn't want any of it. I can't believe it! I actually did not want any sugar, which I dearly love and had always wanted.

This is a great new treatment. I look for nothing but exceptional results and super health! Thanks, Dr. J.

Linda Ziembo, Sterling Hgts., MI



COMING EVENTS

November 26 to December 19:

Annual Giving Tree with food donations going to help our local community. More information in **Healthline**, available at the clinic.

Monday, January 14:

"Wellness Lifestyles" 7:30 p.m. at the Utica Public Library. No charge.

Thursday, February 7:

"The Antibiotics/Sickness Cycle" at Shelby Junior High School from 6:30 to 8:00 p.m. \$18.00 plus \$5.00 materials fee. Through Utica Community Schools Continuing Education.

Thursday, March 14:

"Correcting Digestive Problems through Nutrition" at Shelby Junior High School from 6:30 to 8:00 p.m. \$18.00 plus \$5.00 materials fee. Through Utica Community Schools Continuing Education.

Reservations Recommended

Chiropractic Wellness Center Of Macomb

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Dr. Karl Johnson
Director of the
**Chiropractic Wellness
Center of Macomb**
presents

Get Healthy with Allergy Elimination



Dr. Johnson & Dr. Devi Nambudripad,
Founder of NAET

Monday, November 12

7:30 — 9:00 P.M.

Utica Public Library

(810) 731-8840

For reservations & information



**It started with
Contact Reflex Analysis (CRA)**

**Then we added
Autonomic Response Testing (ART)**

These two nutritional diagnosis tools started a revolution against the many illnesses befalling the people.

**NOW...
Dr. Johnson has added
Nambudripad's Allergy
Elimination Techniques**

to his healing methods and is currently helping his practice members rid themselves of long-standing allergies.

NAET treats allergies from a holistic perspective based on Oriental medical principles and defined in terms of the effect an allergic substance has on the energy flow in the body. This differs from the Western medical point of view in which an allergy is an overreaction of the immune system. NAET reprograms the brain and removes the blockages from the energy pathways, thus allowing the body to regain perfect balance (homeostasis) and function normally to reach optimum health.

If you suspect allergies may be at the root of your health problems, this nutrition seminar is a must!

How can I tell if allergies are part of my health problem?

Answer these questions.

1. Are you depressed, tired or lack energy?
2. Do you have known allergies?
3. Do you have headaches or other pains?
4. Do you have trouble losing (or gaining) weight?
5. Do you have high cholesterol, blood sugar problems, high blood pressure, or other cardiovascular problems?
6. Do you have any chronic health problem?

If you answered "yes" to any of these questions, you owe it to yourself to attend Dr. Johnson's *absolutely* FREE

"Get Healthy with Allergy Elimination"

Nutrition Seminar

Monday, November 12

7:30 P.M. at the

Utica Public Library

Call today to register

Call (810) 731-8840

Family and Friends welcome.

From Dr. Johnson...

"I approach health from the position that the body is a self-healing marvel that can take care of itself when it is given the right ingredients to work with. Join me as I share my nutritional expertise, clinical experience and wisdom to explain how your body can handle your favorite culinary goodies as long as you provide it with enough of the components it needs to function at its best."

WHAT IS CRA?

Contact Reflex Analysis®, or CRA, is a safe, simple, natural method of analyzing the body's structural, physical and nutritional needs. It is not a method of diagnosis. It is a means by which a doctor uses the body's reflexes to accurately determine the root cause of a health problem.

A doctor trained in CRA is able to test each area of the body by testing the strength of a specific muscle. This muscle acts like a circuit breaker in the body. If there is no interruption in the nerve energy, the muscle will remain strong. However, if any one area of the body becomes unhealthy, it begins to draw excessive electricity in order to continue functioning. This causes the body's electrical system to "blow a breaker." Then the testing arm will become weak and drop when the affected area is tested.

There are reflex points on the body. Each reflex point or acupuncture point represents a specific function, organ, or tissue, and indicates the energy or lack thereof and the effect the energy has on the body. By testing these points, the doctor has an extremely accurate system of monitoring your body at each visit. This helps him to identify exactly what the body needs.